## 3.2. Work at the farm



## 3.2.1. What is important to know?

Whether we live in the countryside or in the city, we have to pay attention for our environment.

Thanks to accelerated industrial agriculture, we can quickly access different products. As a result of their production and the control of larger market stakeholders, our consumption habits that support small-scale agriculture and local products are being marginalised worldwide. The variety of products manufactured is decreasing, resulting in the slow disappearance of local characteristics. The (traditional) knowledge needed to produce them is gradually being lost.

Living nature provides the renewable energy sources that we use every day (e.g., soil formation, pharmaceutical raw materials).

- Biodiversity makes it possible to adapt to a changing environment through natural selection, evolution, which also results in the relative stability of living systems at the same time.
- The living world affects the climate, global phenomena that fundamentally determine the quality of human life.
- Without other species, we cannot survive, either!



There is huge potential in organic-based or ecological farming. The idea is that we produce without synthetic pesticides, without fertilisers, that we keep our animals on this kind of feed, and then use this milk to produce organic products. But "organic" can be not only fruit and vegetables, but also cereals, bread made from them, meat, milk, dairy products, honey. The circle can and should be extended. The range can and should be extended.

Organic farming can also be a way of living, an opportunity to be part of the ecosystem. By

doing so, we cause less damage to nature and the human body and help well-being of the animals. Meanwhile, the system supports itself and the family.

## **Community Supported Agriculture**



We can offer healthy, organically grown baskets of fruit and vegetables to the local community through the Community Supported Agriculture (CSA) model. The beauty of this model is that while we strive to create stability in the economy, raise awareness for the importance of healthy nutrition, raise awareness for the importance of soil care, we also care for the environment. With

the help of this model, we reduce the physical distance between producer and consumer. Unlike long supply chains, we build personal contact, trust and many times organic certification into the system as a guarantee of quality.

## What do we put on our table?





The Community Supported Agriculture model provides an opportunity for small producers to produce and directly sell local, quality food. It also guarantees consumers convenient access to tasty local products, mostly produced using organic methods.

The landscape, the animals, the creating human being are all valuable together. This is the greatest potential of the earth, and it would be good if more and more people saw it that way. Let's recognize these values and bring them to the surface!